#### University N E W S LETTER

### Editorial

The wintry month of December is the last month of the year which contains the clarity, simplicity and silence you need for the best fresh start for a New Year. The beginning of this month is marked by World's AIDS day. Indian Navy Day and Vijay Diwas is also celebrated in this month to honour brave hearts of our defence sector. Christmas an annual festival commemorating the birth of Jesus Christ, is observed in December with an atmosphere of carols and glee. This year comes to an end and everyone is set to welcome the New Year.

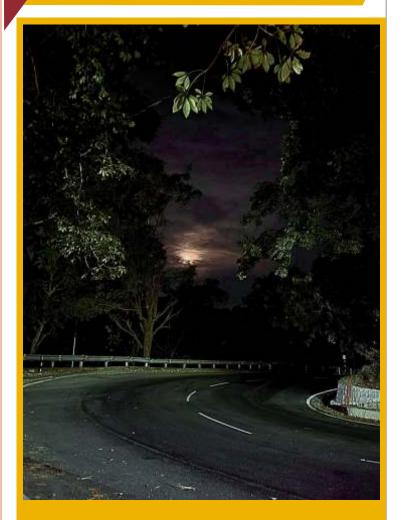
As we are stepping in the year 2024, we are also entering into the 30th establishment year of our Institute, which was established by Late Shri Gurcharan Singh Ji as SBSPGI and now transformed into SBS University.

The Publication and Creative Writing Society is happy to note that many of the teachers and the students have evinced interest in the SBS Times by contributing creatively and interesting literary and arts items. This issue is a treasure of student's imagination and creativity, stories, beautiful pictures, and topics related to diversity of knowledge. The items not only mirror the creative talents of the contributors but also their analytical thinking. Being an editor of issue for this month's SBS Times, I hope that this issue will be received by one and all.

#### PHOTOGRAPH OF THE MONTH

Vol XII, ISSUE 05, DECEMBER, 2023

Stimes



Gaurav Gusain BPT 1st year

Happy Reading Editorial Team

## Camp PHYSIOTHERAPY SERVICES

Department of Physiotherapy rendered dervices at the State Level Cricket Championship organised by Department of Education, Dehradun (Uttarakhand) from 23rd November to 29th November 2023 at Maharana Pratap Sports College, Raipur, Dehradun.



## INDUSTRIAL VISIT

Department of Agriculture Sciences conducted an Industrial visit cum Hands on Training in collaboration with Patanjali Bio Research Institute (PBRI) at Agricultural Research Campus, Haridwar on 30th November 2023. The participating students also learned about the soil testing through various soil analysis equipment besides getting acquainted with several other agricultural activities



# ALUMNI VISIT

Sardar Bhagwan Singh University, a beacon of academic excellence, proudly welcomed its distinguished alumna, Dr. Vibha Bhardwaj, for an event that showcased her exemplary journey and outstanding accomplishments. Dr. Vibha Bhardwaj, a trailblazer in the field of Microbiology, holds degrees ranging from B.Sc, Ph.D. to Post doc and has undertaken multiple postdoctoral fellowships, including stints in Italy, Argentina, and Boston. Dr. Vibha Bhardwaj is currently working as Director Environment Laboratories, Govt. of United Arab Emirates.

## WORKSHOP

School of Physiotherapy and Allied Health Sciences organized a 2 days Workshop on Taping Techniques with resource person, Dr Prahlad Priyadarshi currently working as High performance Analyst for Sports Authority of India (SAI). Dr Prahlad is a prestigious Alumnus of SBS and works as a Sports physiotherapist for BCCI.



#### EDUCATIONAL TOUR

The School of Agricultural Sciences and Forestry organized an educational tour to Sugar Mill, Doiwala, Dehradun on 14 December 2023. Mr. Rajveer, Chief Chemist, Sugar Mill disseminated the information to the students regarding sugar mill and the processes of sugar production. He also showed different types of equipment used in sugar production and made students aware about their functioning.



#### WORKSHOP

The Research Scholars of Department of Biotechnology & Biochemistry attended a three day workshop on Research Methodology conducted by USERC in association with R&D cell, Sridev Suman University Badshahi Thaul, Rishikesh campus on 14th -16th December 2023. The keynote speaker of the workshop was Dr.Ajay Semalty, course coordinator Academic writing (SWAYAMMOOC).



### PLACEMENT

Nine students of School of Pharmaceutical Sciences & Technology were selected in Macleods Pharmaceuticals LTD, Baddi, H.P.

We wish all of them our heartiest congratulations and best wishes for their bright future.





### FACULTY ACHIEVEMENTS

Heartiest Congratulations to Dr. Reena Kumari (Professor & HOD of Physiotheraphy Dept.) for being Awarded Physio Ratan Award for 2023 at the two days 9th international conference of Physical Therapy held on 22th December, 2023 by AIIMS ,New Delhi



Heartiest Congratulations to Dr. Pooja Naudiyal (Assistant Professor & In -charge Department of MLT & Medical Microbiology) for being Awarded the Academic Excellence Award for 2023 at the two days International Conference held on 16th December, 2023 at IHMS, Kotdwar, Uttarakhand.



Dr. Niki Nautiyal and Dr. Kartik Uniyal published a Book Entitled "Essentailas of Genetics" by Iterative International Publisher.

Dr. Maitri Chaturvedi invited as Special Guest at Khelo India Wushu Women's League.

Dr. Arun Mozhi published an article entitled "Neurodevelopmental Treatment in Children With Cerebral Palsy: A Review of the Literature" in Cureus.

Dr. Vishal Verma filed a Copyright entitled "Comparative Study Between Different Groups of Thigh and Leg Muscles Strengthening Training in Post Operative Case of Acl Tear"

## STUDENT COLUMN

## Life After Death

Life after death is a concept that humanity has been trying to understand for millennia. It is an area where Science, Religion and Philosophy merged with conflict yet powerful view and evidence that has formed and changed views in different sections of societies. For religious believers, the evidence is based upon God(s) and their solid faith in holy text yet all people including religious believers are influences by the views put forward by Science, experience, philosophy and individual upbringings. For evidence to be compelling it must be reliable. "Reliable Evidence" means different things to different people, it is defined as 'information that are trusted to be accurate' over the time, belief in an afterlife may change depending reliable evidence a person experiences. For these will near death experiences, their own experiences could be enough to believe that there is an afterlife/ most atheist do not believe in an afterlife or that human have any spiritual side so, plenty of scientific research or possibly a religious research would be needed as reliable evidence for an afterlife.

"For certain is death for the born and certain is birth for the dead; therefore, over the inevitable thou shouldst not grieve". This quote from Bhagwat Gita sums up the Hindu prospective on Life after death. The tragedy of life is not death but what is let die inside

of us while we alive...



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